

HOME AND COMMUNITY BASE SERVICES

Exalted Home Care LLC has developed a competitive and coordinated in-home and community based program, providing specialized services for individuals with developmental disabilities.

The overall goal of Exalted Home Care is to provide an in-home and community services program, striving to create independence and self esteem, therefore improving their quality of life.

EXALTED HOME CARE LLC
Giving Help When It's Needed Most

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Giving Help When It's Needed Most

**Home and Community
Base Services
Program**

Attendant Care Services (ATC)

Exalted Home Care LLC Attendant Care Services provide assistance to consumers in the areas of maintaining personal cleanliness. We also assist in daily living activities that do not require medical supervision or intervention. Consumers are assisted in daily activities including bathing, oral hygiene, dressing, transfer to and from wheelchair and/ or bed, eating, and meal preparation. Exalted Home Care Attendant Care assist consumers by planning, shopping, storing, and cooking nutritional meals.

Exalted Home Care staff assist consumers in providing appropriate attention to injury and illness. Caregivers maintain skin integrity including the provision of first aid, and assist with self-medication and/ or medication reminders.

Exalted Home Care employees meet the State of Arizona requirements, have a valid finger print clearance card, and have completed all DDD training requirements.

Habilitation at Home (HAH)

The Habilitation at Home service is based out of the consumers own residence. We provide a variety of activities, materials, and settings through positive re-enforcement. Our training is designed to increase or maintain an individual's skill in the following areas:

- Self help/ daily living
- Socialization
- Adaptive Skills
- Communications
- Motor Skill

The goal of the HAH program is to assist our consumers to enhance and improve in self esteem and establish realistic personal goals and good life choices.

Exalted Home Care employees meet the State of Arizona requirements, have a valid finger print clearance card, and have completed all DDD training requirements.

Respite (RSP)

Exalted Home Care LLC provides respite services to relieve caregivers temporarily, while providing a safe living environment for the consumer. We provide supervision either in or outside of the home, as well as support the emotional, physical, and mental well being of the consumer. While the consumer is in our care, we assist the consumer in utilizing transportation to support them in all daily living activities including day treatment and training, employment, medical appointments, visits with family and friends, and other activities. Exalted Home Care carries out all programs identified in the consumer's ISP.

The objective is to meet the consumer's need in the absence of the primary caregiver. Staffing needs are based on the individual needs and the individual being served.

Exalted Home Care employees meet the State of Arizona requirements, have a valid finger print clearance card, and have completed all DDD training requirements.

Center Based (RSP)

Exalted Home Care center-based respite service provides short-term relief to the care provider/ guardian. We offer fun, social, and recreational activities in our DTT program center.

This service is available at our DTT facility Monday through Friday from 3pm to 7pm and Saturdays from 8am to 7pm.

Non Emergency Transportation

Exalted Home Care provides non-emergency ground transportation for the consumers as approved by the Division of Developmental Disabilities. This may include home visits, medical, physical or speech therapy appointments, and other approved destinations. Exalted Home Care Transportation Service is available to transport consumers traveling to scheduled appointments. Consumers are taken to their destinations and returned after appointments. Exalted Home care staff remains with the consumer if supervision is required. The vehicles are equipped with cell phones for communication with the consumer's family member or representative.

Please contact us if you need more information on our other services at (623) 444-2318, (480)231-7846.

Email: exaltedhomecare@gmail.com
Website: www.exaltedhomcare.net

Exalted Homecare Services

Exalted Homecare LLC is committed to providing services and programs which enable handicapped individuals to obtain higher levels of fitness, pride, dignity and self-esteem. Our dedication to those in need will never waiver. Exalted Homecare has developed a competitive and coordinated Adult Day Treatment and After School Program Called "Exalted Learning Center".

The over goal of Exalted Learning Center is to provide training program that would foster self-esteem, decrease disruptive behavior, and create independence, therefore, providing our clients with a safe and positive learning environment.

What You Can Expect

It is a privilege to provide services to all consumers under our care, It is therefore, our conviction that all our consumers are treated with utmost respect and dignity at all times and under all circumstances.

Also, it is our desire to create and maintain a loving, healthy environment for learning. We look forward to working with our consumers and committed to the idea and possibility our consumers being embraced and accepted for who they are, growing as individuals and reaching high peaks of growth in their personal lives.

Exalted Homecare Services

Things You Should Know

This section is reserved to provide information about what we allow and don't allow and what we expect from our consumers.

1. Meals- Breakfast is not provided by D.T.A. Students/Consumers are to bring their own lunch. (preferably in a pouch or lunch bag with their name on it). This helps prevent potential problems when lunches being mistakenly eaten. However, we understand that there may be days where lunch is forgotten. In this instance a light lunch will be provided by D.T.A. so no one goes hungry.

2. Dress Code: We encourage that the clothing of our consumers fit them properly. We do not encourage "sagging", or revealing body parts due to not wearing clothing properly.

3. Appropriate Language-All our consumers as well as staffs deserve the utmost respect at all times under all circumstances, therefore, cursing, swearing, name calling and disrespectful gestures are not encouraged.

4. Personal Items- Students are welcome to bring personal music CDs, but no more than two each day.

1 item for "show and tell" on Wednesdays



EXALTED HOMECARE & SOCIAL SERVICES

Giving Help When It's Needed

DTA/DTT Program

Exalted Learning /Center

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EXALTED HOMECARE SERVICES

These programs include:

- Camp Exalted
- Respite & Recreational Programs
- Home & Community Based Services (HCBS)
- Habilitation
- Community Outreach & Disability Education
- Food & Nutrition Education

Exalted Homecare has a reputation for providing safe, enriching, high quality programs that focus on enhancing life skills, socialization, educational programs and much needed respite for families and caregivers.

Day Programs

A good Day Program should offer people with disabilities lots of choices and opportunities that meet their needs for meaningful activity. It should be a place where your family member is able to continue to grow and be challenged after they have aged-out of school system. Exalted day programs are not daycare facilities. Instead, EX-ALTED day programs are busy, exciting places that are designed to provide mental, physical, emotional stimulation and development supports. The people attending our day programs are actively engaged participate in all kinds of activities and therapies. We offer arts and crafts, sensory stimulation, agricultural-horticultural therapy, computer and technical skill development—there are plenty of choices! We invite you to come and tour our day programs to see why people love attending an EXALTED program. We provide a variety of activities, materials, and settings through positive re-enforcement and various active and positive activities. Examples of the type of programs EXALTED uses are:

- Recreational Activities
- Socialization & Communication
- Wellness & Fitness
- Computer Skills
- Home Economics
- Arts & Crafts

DTA

Day Treatment and Training

What is it? DTA is a State (DDD) funded program for adult with developmental and /or physical disabilities.

Who qualifies for Services? Any disabled adult who is no longer attending high school and either receives DDD funding or can pay privately.

Please call ahead to schedule a tour and meeting with DTA Supervisor. After your decision to attend Exalted you simply request focus authorization from your DDD support coordinator. Staffing is 1:4

Special staffing/ supervision needs prior approval by Exalted Administration.

What are the hours? The program runs Monday-Friday from 8:00am-4:00pm.

How do I get to the program? Most participants receive transportation from home. In most instances DDD pay for transportation.

Who are the employees at Exalted? The employees of exalted are selected with great care.

All employees must:

Pass several stringent background checks including driving and criminal history. Be certified in CPR, First Aid, and medication administration. They are further trained in seizure management and signs and symptoms of heat related illness and behavior management (CIT). Have related degree or the equivalent of a degree through work experience.

In addition, all employees go through a thorough orientation that includes group leadership, goals and objectives running, teaching special education classes and a complete orientation on the individuals assigned to them.

DTA

Day Treatment and Training

What will I be doing in the program?

Exalted sets up programming to allow for personal choice that continues to expand and adapt as need arises.

Programming begins first thing in the morning with individual goals/outcomes. After the individual education portion the rest of the day is broken up into different segments, each offering a choice of three activities for a participant to choose from. Below is a list of possible choices with a short description.

Arts- free hand art canvas painting, craft project, murals, etc.

Drama- acting, dancing, chorus, band, etc.

Education- math, reading, journaling, money, letter games, etc.

Social Skills- Social etiquette, problem solving, interpersonal relationships, etc.

Health- fitness classes, nutrition classes, health seminars, health screenings, etc.

Occupational Studies- paid job experience in concession stand, documentation assistance, job skills, field studies. Etc.

Sports- Special Olympics participation, leagues, recreational sports, bowling, etc.

Cooking- shopping, cooking instruction, kitchen safety awareness, etc.

Community Outings- malls, museums, restaurants, etc.